



## Shomrei Torah Synagogue: Informal Youth Activities

USY/Kadima; LDI; Israel Awareness



### 2011-2012 LDI: Seminar Curriculum

Date	Seminar
Sunday, August 28, 2011	<p><b>Team Bonding:</b> LDI Orientation at BBI ropes course</p>
Tuesday, September 13, 2011	<p><b>What is Leadership:</b> Trust is a vital component of leadership. To be an effective leader, it is important for a person to build trust in his/her followers. You can expect people to follow you, only if you can build trust and a mutual understanding between you and your team.</p> <ul style="list-style-type: none"> <li>• <b>Web activity:</b> Brainstorm: what is a leader? What is leadership?</li> <li>• <b>“We Trust You”:</b> The game deals with this very aspect of leadership. For this game, split the group into teams of at least 5 or 6. Ask each team to elect a leader for their team. Blindfold all the members of each of the teams except for their leaders. Assign each leader a path to be traced. Now, ask each of the team leaders to direct their blindfolded team members along the path</li> <li>• <b>Leadership Questionnaire:</b> Each Madrich/a will receive a questionnaire about how he/she view his/her personal leadership and leadership in general. At the end of the year the teens will receive these back and we will discuss them. (see handout 1)</li> </ul>
Tuesday, October 18, 2011	<p><b>Managing vs. Leading:</b> There is a big difference between managing and leading. Leading involved emotional intelligence and relationships.</p> <ul style="list-style-type: none"> <li>• Teens will be given an opportunity to reflect on his/her own style of leadership followed by a discussion on the difference between managing and leading. (see handout 2)</li> <li>• There are also various types of leaders/ leadership. Teens will learn about the different types of leadership and then will be asked to “defend” his/her style. (see handout 3)</li> </ul>
Tuesday, November 8, 2011	<p><b>Problem Solving:</b> The skills and the ability to face a difficult situation and solve it well enough should ideally be an inbuilt trait. In that way, whenever there is a problem, one knows exactly how to solve it. It should not be a time to sit and mull over 'what <i>can</i> be done', but rather a time when one knows exactly 'what <i>needs</i> to be done'. This is only possible if there are certain problem solving skills that have been acquired and honed.</p> <ul style="list-style-type: none"> <li>• <b>Tying the Knot:</b> Divide the group of people into teams of equal members and give each of these groups a long piece of rope. Each member in the group has to hold a part of the rope. At the blow of the whistle, the team has to tie a knot in the center of the rope without any of the members letting go of it. The first team that manages to do the same, wins. This</li> </ul>



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	<p>game requires analytical thinking and the ability to work under pressure.</p> <ul style="list-style-type: none"> <li> <b>Get the Box:</b> This game can be played by including two groups. Both groups are divided by a fence or a line. A teenager has to go into the area of the other team and has to come with the box, that is kept at some distance from the opponent's team. Since this game involves lots of thinking as well as physical endurance or aggressiveness, it is a great option for teenagers. If a member of the team is caught by the opponent team, the next member has to try. When the opponent runs with the box, he or she can be chased by the other team. The person running with the box has to enter his team's area to register a point. Play five rounds for each side and give points for every successful attempt to bring the box back.         </li> </ul>
<p>Tuesday, February 7, 2012</p>	<p><b>Team Building:</b> Special Guest: Kim Anton, Personal Trainer</p>
<p>Tuesday, March 20, 2012</p>	<p><b>Effective Communication:</b> Communication is defined as, 'a process of transferring information from one entity to another'. It bridges the gap between two people by helping them share information. Communication branches out into two divisions namely, verbal and non verbal communication.</p> <ul style="list-style-type: none"> <li> <b>Telephone:</b> Teens will play the game of telephone. Communicating one message down the line until it gets to the end. At the end we will see what the message is and see how it has changed.         </li> <li> <b>Role Play:</b> The teens will be broken up in groups and given various real-life situations of dealing with kids and other madrichim. They will be asked to role play how they would handle each situation. Then the groups will all come together and talk about what happened in their groups and when this has happened in real life.         </li> </ul>
<p>Tuesday, April 24, 2012</p>	<p><b>Leadership Qualities in Education</b> Guest Speaker: Adrienne Pasternak – what does it take to become a good educator.</p>
<p>Tuesday, May 8, 2012</p>	<p><b>Growing the Next Generation of Leaders:</b> Being a leader is not only about having all of the traits and characteristics, but it is also about how you empower others to be leaders themselves.</p> <ul style="list-style-type: none"> <li> <b>Compliment Card:</b> Each teen will have a card with his/her name on it. The other teens will anonymously compliment the leadership traits (using examples) of the teen on his/her respective card.         </li> <li> <b>Brainstorm:</b> How have we grown the leadership of the younger kids? How have we grown our own leadership? How will we continue to grow our leadership. Revisit- what is a leader?         </li> <li> <b>Great Examples of Leaders:</b> Teens will be come up with examples of great leaders of our time and of the past. Why         </li> </ul>



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	are these people leaders? How have they empowered others to be leaders?
Sunday, June 3, 2012	<b>LDI end of session program off-site</b>