

Got Baby?



Two exciting Parent and me options at Shomrei Torah Synagogue

“Walk and Talk” Thursdays, 9:15am -10:30am (Beginning October 7, 2010)

This free program is ongoing throughout the entire school year. **Ages: Newborn – 14 months**



Meet at STS at 9:15 with your stroller and walking shoes. Moms join our Director of Education and her baby daughter for a walk around the neighborhoods of West Hills. This is a great way to exercise both your body and mind. Meet parents with like interests, issues and ideas while enjoying a medium paced workout!

“Shomrei Torah Tots” Wednesdays, 10:00am -11:30 am, (Session 1: October 6 – December 8)

\$100.00 (10 week session includes nutritious snack and lunch). **Ages 14 months – 2 years**



Meet at STS at 10:00am for a fun and interactive day for both parents and tots. This program, facilitated by one of STS's veteran teachers, will begin with art, block play and manipulative centers followed by music and movement and the chance to play together on our beautiful yard. Every week will include a healthy snack as well as a nutritious hot lunch for both parent and child. While children enjoy their lunch, parents will have the opportunity to discuss parenting challenges and share ideas with one another. Finally, each week, one of our wonderful ECEC teachers will stop by to lead a fun parent and me activity.

Session 1: October 6 - December 8, **Session 2:** January 12 - March 16, **Session 3:** March 23 - June 3

Schedule:

10:00-10:20 Centers (art, manipulatives, blocks, sensory)
10:20-10:30 Circle Time (Movement and Music)
10:30-10:55 Snack and Outdoor Play
10:55-11:10 Activity led by Special Guest Teacher
11:10-11:30 Lunch and Parent Discussion

Don't be left out...reserve a place for you and your child today!

Shomrei Torah Synagogue Education Center
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